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It's a boy! Meghan and Harry welcome royal baby

The newborn son of Prince Harry and the Duchess of Essex is seventh-in-line to the throne.

Meghan Markle gave birth to a boy on Monday, the seventh-in-line to the throne and described by his proud father as "absolutely to die for."

The baby, who has not yet been named, was born in the early hours of the morning weighing 7 pounds, 3 ounces. Meghan and the baby, the couple's first child, were both healthy and well, the palace said.

"How any woman does what they do is beyond comprehension but we're both absolutely thrilled and so grateful to all the love and support from everybody out there," a smiling Prince Harry told reporters in Windsor, west of London, where the couple live.

"It was amazing, absolutely incredible. As I say, I am so incredibly proud of my wife and, as every father and parent would ever say your baby is absolutely amazing, this little thing is absolutely to die for."

Harry, Queen Elizabeth's grandson, was present for the birth and Doria Ragland, Meghan's mother, was with the couple at their home, Frogmore Cottage, on the estate of Windsor Castle where they married in a lavish ceremony in May last year.

The baby is the eighth great-grandchild of the 93-year-old queen, the world's longest-reigning monarch, and could be entitled to hold joint British and American citizenship according to nationality rules.

However, the child will not automatically be a prince or a princess and any such title would have to be bestowed by the queen by issuing what is known as a letter patent.

The queen and other members of the royal family, including the sister and brother of Harry's late mother, Princess Diana, were delighted by the news of the birth, the palace said.

Britain's royal family attracts huge media interest but the younger members, especially Harry, 34, and Meghan, 37, are treated like Hollywood superstars.

Their baby is the first mixed-race baby born into a senior position in British royalty, according to royal experts.

announcing the birth was posted on a ceremonial easel on the forecourt of Buckingham Palace.

The palace did not confirm whether Meghan gave birth at home. While the late Princess Diana gave birth to Harry and his older brother William in hospital, the queen's four children were all born at Buckingham Palace.

"How any woman does what they do is beyond comprehension but we're both absolutely thrilled and so grateful to all the love and support from everybody out there."

Prince Harry

For some this is a significant moment for the monarchy. Others note, however, that Meghan, whose mother is African-American and father is white, has been the target of racist commentary on social media.

"It's symbolic of a more modern monarchy. It appeals to people across the world," royal biographer Claudia Joseph told Reuters. "They will be able to identify with the royal family as never before."

Harry and Meghan used their official Instagram account to announce the birth, in modern fashion. But in accordance with a tradition dating back at least to 1837 when Buckingham Palace became the sovereign's official residence, some hours later a notice

James, Alexander, Albert, Philip and Arthur are among the favorite names for the child, according to bookmakers.

"We're still thinking about names," Harry said. "The baby's a little bit overdue so we've had a little bit of time to think about it ... that's the next bit."

Meghan's father Thomas Markle, a former lighting director for TV soaps and sitcoms, said he was delighted at the news.

"I am proud that my new grandson is born into the British royal family and I am sure that he will grow up to serve the crown and the people of Britain with grace, dignity and honor," he said in a statement to the Sun newspaper.

"TOPS THE WEDDING"

Unlike Prince William and his wife Kate, who posed for massed photographers outside a London hospital just hours after their three children were born, Harry and Meghan are expected to take part in only a limited photo call on the grounds of Windsor Castle in the next couple of days.

Harry has held a special place in the hearts of many Britons since millions around the world watched him, aged just 12, walk slowly behind his mother's coffin as the funeral cortege made its way through the packed streets of London after Diana's death in a Paris car crash in 1997.

In his youth, he found himself in the headlines for underage drinking, wearing a Nazi outfit to a costume party and scuffling with photographers outside London nightclubs.

But after a successful stint in the army, where he served two tours of duty in Afghanistan, his relaxed style and playful antics when on official engagements have seen him become one of the most popular members of the royal family.

"It means an awful lot to me. This tops the wedding," said royal fan John Loughrey, 64, from London, who said he had been sleeping out in Windsor for the last three days. "They've brought a royal baby into the world, we're all excited." REUTERS

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Philadelphia man shot fleeing fight, dies in burning car crash

A Philadelphia man who was wounded in a shooting died from injuries sustained in a fiery crash.

NATE HOMAN
letters@metro.us

A driver in South Philadelphia died from injuries sustained in a fiery crash as he fled a shooting on Saturday morning.

Police told the Philadelphia Tribune that Antoniel Coll-Rey, 29, was in a fight with another man who fired at least 10 shots at the victim's vehicle on the 1700 block of West Cumberland Street in North Philadelphia at about 3:30 a.m.

Authorities said that Coll-Rey was shot in the head as he fled from an altercation, and eventually crashed into a fence.

The vehicle's engine caught fire soon after the impact, according to police.

Police initially responded to a report of a traffic collision, but discovered that the driver of the burning vehicle had sustained a bullet wound in the head, according to PennLive.com.

Coll-Rey was taken to Temple University Hospital, where he died there a short time later, according to Local 21 News.

The shooting and the crash remained under investigation, and the details of the fight had not been released.

In an unrelated incident on Monday morning, a man crashed his car while fleeing an apparent South Philly shooting. Police said the driver in that crash collided with another SUV along McKean Street near 17th Street around 5 a.m. Monday. That man was not shot, according to NBC Philadelphia, but there were several bullet holes in his SUV and he said he had been shot at. Both he and the woman in the SUV he collided with were taken to the hospital. Police were investigating that incident.

BRIEF

Former FBI interpreter arrested for false statements and obstruction

A Virginia man who worked as an FBI interpreter in counterterrorism cases, and whose sons were also investigated by U.S. authorities, has been arrested and charged with federal crimes, the Justice Department said in a statement on Monday.

Abdirizak Jaji Raghe Wehelie, 66, was arrested on Saturday on charges of making false statements and obstructing a federal probe as he disembarked from a flight into Dulles International Airport in Virginia, a law enforcement official said.

Wehelie worked under contract as an FBI linguist and translator between June 2012 and May 2015, court documents said.

While doing so, according to an unsealed superseding indictment, the FBI was conducting electronic surveillance of two people, identified only as Persons A and B, who were implicated in a counterterrorism investigation.

The indictment said Person B traveled to Somalia to join the Islamic militant group al Shabaab, and was listed on the FBI's "Most Wanted Terrorist" list.

Nina Ginsberg, a lawyer for Wehelie, said his case was not related to national security or militants overseas.

Wehelie's indictment alleged he made false statements to the FBI about phone contacts and in-person discussions he had with Person A, whom the FBI said had "conspired with" and "aided and abetted" Person B. REUTERS

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Emilia Clarke of "GOT." REUTERS

'We're sorry!' says 'Game of Thrones,' as Starbucks makes a cameo

HBO added that "Daenerys had ordered an herbal tea."

"Game of Thrones" may be a medieval fantasy but Sunday's episode had a distinctly modern touch when a stray Starbucks cup made an unexpected cameo in the fictional Westeros kingdom of dragons and zombies, sending fans into a frenzy.

The distinctive paper cup with plastic cover was spotted on a table at a feast in Winterfell within reach of characters Jon Snow and Daenerys Targaryen during episode 4 of the final season, "The Last of the Starks."

Bernie Caulfield, one of the executive producers of HBO's global hit television series, apologized to fans.

"I can't believe [it]," she said in an interview with New York's WNYC radio on Monday. "Our on-set prop people and decorators are so on it 1,000 percent.

"We're sorry! Westeros was the first place to actually have Starbucks," Caulfield quipped.

In a tongue-in-cheek comment, HBO said that "the latte that appeared in the episode was a mistake. Daenerys had ordered an herbal tea."

Starbucks, the world's biggest coffee chain, had its own take on the unexpected publicity in a series that is watched by more than 30 million people in the United States alone.

"TBH we're surprised she didn't order a Dragon Drink," the company said on Twitter, referring to its summer menu addition of a bright pink fruit and coconut milk beverage that contains the tropical dragon fruit, also known as pitaya.

Fans lit up social media with memes and jokes about the stray cup, with some inserting the company's green-and-white logo on photos of castles featured in the series.

Others were dismayed at the gaffe. "They took 2 years to shoot 6 episodes and left a Starbucks cup in a scene," tweeted a user named Dylan.

The eighth and final season of "Game of Thrones" has broken records for HBO, with more than 38 million Americans watching the season premiere episode that was broadcast on April 14.

The Emmy-winning series, an adaptation of George R.R. Martin's "A Song of Ice and Fire" series of novels, comes to a conclusion on May 19. REUTERS

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Armageddon: NASA-simulated asteroid event reduces New York City to rubble

Calculations showed that NYC would get rocked by an asteroid in 2027.

NATE HOMAN
letters@metro.us

NASA simulated a fictitious asteroid disaster scenario that kills millions, levels Manhattan, and drums up nostalgia for catastrophe movies like the 1998 hit "Armageddon."

The simulation program was a part of the White House's "National Near-Earth Object Preparedness Strategy and Action Plan," which pinpoints possible locations in the eastern United States or the briny depths of the Atlantic Ocean where a "highly unlikely" worst-case scenario has occurred.

"These exercises have really helped us in the Planetary Defense community to understand what our colleagues on the disaster management side need to know," NASA's Planetary Defense Officer Lindley Johnson said in a statement. "This exercise will help us develop more effective communications with each other and with our governments."

In the simulation, facing 1-in-10 chances, a 140- to 260-meter-long fictional asteroid crashed into the Earth's atmosphere over Denver, Colorado.

NASA gave 200 assembled scientists, engineers and emergency services specialists of the International Asteroid Warning Network the equivalent of eight years to build six "kinetic impactor" rockets intended to hit the asteroid with enough force to divert it from its course. Factoring in the human elements like production and troubleshooting, experts estimated that the "impactors" would be ready to launch in August 2024.

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The impactors successfully hit their target, but all was not well. A massive piece of the asteroid splintered off and set its course for Manhattan. The simulated asteroid detonated 15 kilometers above New York's Central Park with the force of 1,000 Hiroshima nuclear bombs, reducing everything within a 15-kilometer radius to rubble.

> **"Two months may not be enough time to really evacuate, because you're evacuating people who are stuck."**
> Brandy Johnson

In the end, the only realistic way to save New Yorkers was to evacuate the city.

"Two months may not be enough time to really evacuate, because you're evacuating people who are stuck, who have to rebuild their lives where they're going," Brandy Johnson, who played the part of an "angry citizen" in the exercise, said. "You're going to have fleets of U-hauls."

On Feb. 15, 2013, an asteroid over Chelyabinsk, Russia, that collapsed building walls, shattered windows and reportedly injured more than 1,000 people, was not detected by any system prior to atmospheric entry. This pushed Aerospace Corporation, NASA headquarters and FEMA to start considering asteroid events and the aftermath of a short warning.

But since its inception, the "Planetary Defense" simulation program isn't exactly batting a thousand when it comes to taxpayer-funded, real-time Atari games. There have been six Near-Earth Object (NEO) simulations, three of which were held at Planetary Defense conferences. In 2013, Frascati, Italy was wiped off the face of the planet during a simulation. While Tokyo was saved from NEOs in 2017, the prospects look grim for NYC in 2019.

"Bringing together the disaster management community and the scientific community is critical to preparing for a potential asteroid impact in the future," Response Operations Division for FEMA member Leviticus Lewis said in a statement.

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Michael Cohen. REUTERS

Cohen reports to prison after taking harsh parting shot at Trump

Trump's former personal lawyer began his three-year sentence Monday.

Michael Cohen, President Donald Trump's former personal lawyer, took a parting shot at his former boss — denouncing "xenophobia, injustice and lies" — before reporting to a U.S. federal prison on Monday to begin a three-year sentence.

Cohen, who once vowed to "take a bullet" for Trump but now calls him a "con man," arrived at the Federal Correctional Institution in Otisville, New York, about 70 miles northwest of New York City to serve his sentence for arranging hush payments to two women who said they had sexual encounters with Trump and for lying to Congress.

Cohen was driven in a black SUV into the front entrance of the prison grounds shortly after 11:30 a.m., some 2½ hours before his deadline to report. The vehicle stopped and was approached by law enforcement officers, who appeared to speak to its occupants for several minutes. It then drove on, out of view.

Before being driven to the facility, Cohen made brief remarks to a crush of camera crews and reporters gathered on the sidewalk outside his Manhattan apartment building.

"I hope that when I rejoin my family and friends, that the country will be in a place without xenophobia, injustice and lies at the helm of our country," he said. "There still remains much to be told, and I look forward to the day that I can share the truth."

Cohen, 52, was dressed in jeans, sneakers, a white shirt and a navy blue blazer as he exited the Trump Park Avenue building, with a doorman holding the door as he departed.

Several dozen bystanders stopped to take pictures and one shook his hand. As Cohen began to leave after making his remarks, the scene became chaotic, with equipment and people falling to the ground. Cohen helped one journalist who had fallen to get back on his feet. Cohen then climbed into the back seat of a black vehicle and was driven away.

> **"There still remains much to be told, and I look forward to the day that I can share the truth."**
>
> **Michael Cohen**

Cohen is expected to stay at the prison's minimum security camp.

Cohen's prison term completes a stunning fall for the native of New York's Long Island whose career was tethered to Trump as he evolved from wealthy real estate developer to reality TV personality to politician. For more than a decade, Cohen served as Trump's personal lawyer and self-described "fixer."

Lanny Davis, a spokesman for Cohen, issued a statement on Monday praising Cohen's "courageous decision ... to tell the truth about why Donald Trump represented a danger to our Constitution, our freedoms and our nation's fundamental values." Davis said Cohen "will continue to be accessible to Congress and to federal, state and local law enforcement." REUTERS

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13 Dead after private jet crashes between Las Vegas and Mexico

A Challenger business jet similar to this was the alleged plane that crashed Monday. GETTY IMAGES

The remains of a plane have been found after it disappeared en route from the U.S. city of Las Vegas to Monterrey in northern Mexico, an official of the Mexican state of Coahuila said on Monday, with local media reporting that all 13 on board had died.

Mexican newspaper Reforma said the private plane had 10 passengers and three crew members onboard.

The wreckage of the plane was found via aerial surveillance some 129 miles northwest of the northern city of Monclova in Coahuila, said Fernando Orta of the border state's emergency services department.

Officials had not yet arrived to inspect the site, he added.

"The land is rather mountainous ... so they're going to take a while longer to arrive," Orta said.

FlightAware, an online flight-tracking service, said the plane was a Challenger business jet made by Canada's Bombardier Inc. The company was not immediately available for comment.

A photograph published on local television network Milenio showed what it said were the burnt remnants of the plane, broken into pieces, spread over charred earth.

Mexican media reported that the passengers had attended a boxing match between Mexican boxer Saul "Canelo" Alvarez and Daniel Jacobs in Las Vegas on Saturday.

Names of crew and passengers published in local media and sourced to flight information website fltplan.com listed only Hispanic surnames. Reuters could not immediately confirm the veracity of the list.

A Mexican transport ministry spokesman could not say whether there had been any survivors.

Local broadcaster Televisa reported the small twin-engine jet lost contact on Sunday with air traffic controllers sometime after 5:20 p.m. local time as the pilot descended to avoid a storm. REUTERS

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REUTERS

Stunned owner of DQ'd Maximum Security to appeal Kentucky Derby result

Gary West added that his horse will not race in the Preakness.

The owner of Maximum Security, the horse that finished first in the 145th Kentucky Derby on Saturday but was disqualified, said he would file an appeal with the state racing commission in an interview on NBC's "Today" show on Monday.

Gary West, whose horse became the first in the history of the famous race to be disqualified for an on-track infraction, said he was "stunned, shocked and in total disbelief" when second-place finisher Country House was declared the winner at Churchill Downs.

"This is something that is big enough that the entire racing world is looking at this and I think they deserve an opportunity to really know what was going on," West said of his decision to file an appeal.

After a 20-minute video review, officials found that Maximum Security, who was 4-1 favorite to win the 1¼-mile race, was guilty of a contact foul when he appeared to take a wide turn and impede other horses in the home stretch. The disqualification ruling handed the win to Country House, which had been a 65-1 long shot.

"It was literally like the old TV show, 'The thrill of victory and the agony of defeat,' all within a 22-minute period of time," said West.

"Winning it was the most euphoric thing I have probably ever had in our lives and disappointment when they took the horse down for the first time in history, we were stunned, shocked and in total disbelief. It had never been done before."

The decision even caught the attention of U.S. President Donald Trump, who said on Twitter the disqualification of Maximum Security could only happen in "these days of political correctness."

West said he did see Maximum Security, who led the race from nearly start to finish, move over several lanes but felt such contact was inevitable given the number of horses in the Derby.

The bay colt's owner also criticized Churchill Downs for allowing 20 horses in the race.

"Churchill Downs, because they're a greedy organization, has [20 horses] rather than 14 like you have in the Kentucky Oaks, the Breeders' Cup, every other race in America," said West.

"Just because they can make more money, they're willing to risk horses' lives and peoples' lives to do that. I'm not a fan of that. I think they ought to have 14 like every other race," said West.

"Yes, I saw the horse move out, but every Kentucky Derby, you could sit down two or three or four horses if you wanted to, because it's like a rodeo out there."

Churchill Downs did not immediately respond when asked to comment.

West also said there would be no rematch with Country Horse in the second leg of U.S. thoroughbred horse racing's Triple Crown, the May 18 Preakness Stakes at Baltimore's Pimlico Race Course.

"We are not going to run the Preakness," said West. "There's no Triple Crown on the line for us, and no reason to run a horse back in two weeks when you don't have to."

REUTERS

The impact of anxiety on your life, relationships, intimacy

PHIIRST

ASK PHIIRST:

Whether you're partnered or single, investing in your mental health doesn't have to be a solo journey. No one knows this better than the Philadelphia Institute for Individual, Relational & Sex Therapy (PhIIRST). At the end of the day, it's all about braving life's challenges so that you can be your best self.

Anxiety is one of the most common mental illnesses in the United States. In fact, it's part of life for 40 million U.S. adults. The good news is that it's manageable, but if left unchecked, anxiety can wreak havoc on our relationships. Metro spent time with PhIIRST's Julia King, M.S., L.P.C. to shed light on how anxiety works and—most importantly—how to take steps toward living a fulfilling life with anxiety.

People often feel ashamed about their anxiety, but isn't it really common?

Yes, and it's ironic because we actually need anxiety to help us identify and respond to threat. What happens for some people is that their anxiety perceives threat that may not be present, or they interpret a small threat as being much bigger than it actually is. People feel shame around their anxiety but it's really like a smoke detector that's hypersensitive. It's going off the minute we're boiling a pot of water. But then again, imagine if you didn't have a smoke detector. If there was a huge fire, you wouldn't know to run out of the house. We need anxiety to protect us; it's just partially about getting it functioning where it needs to be, which is properly assessing and responding to threat.

What are some signs that anxiety is holding you back in your life?

Rather than look at whether or not you have anxiety, because again it's supposed to be there, it's important to notice if it's negatively impacting your life. That could be your relationships, daily mood, work life, socializing; you name it. When you're missing out on opportunities or avoiding situations because of your anxiety, that's a sign that you need help. Other red flags might include sleep disturbance, trying to control situations, panic attacks, excessive racing thoughts, and constantly feeling overwhelmed.

Why connect with a therapist versus handling it on our own?

There are a lot of relaxation techniques you can learn yourself, but it's not just about the behavioral exercises. In therapy, a lot of the work is exploring the deep fears that are behind your anxiety. Anxiety often is centered around fear of the unknown or uncertainty; essentially bad things that could happen. A trained therapist can help you navigate, explore, challenge and reset the idea that we can control and predict everything, or that uncertainty is something we can't handle.

Why go to PhIIRST?

We're specialized in how anxiety relates to sex and intimacy. Often times, anxiety gets in the way of allowing people to be fully present and vulnerable in those contexts. This may present as avoiding sex and relationships, being guarded, or having low desire. Sometimes, as a result, people avoid it all together. PhIIRST can help people work through a lot of deep shame work underlying that anxiety around sex and intimacy.

PhIIRST provides a compassionate, empathetic environment for people with anxiety to work through their feelings and experiences. They have locations in Center City and Media, Pennsylvania. PhIIRST's team of experts is dedicated to helping you work through it all and live your best life. Visit www.phiirst.com to learn more.

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LIFESTYLE

GETTY IMAGES

3-D-Printed hearts become reality

Israeli scientists have recently created a working 3-D heart from human tissue! Metro chatted with them.

DANIEL CASILLAS

In a major medical breakthrough, researchers at Tel Aviv University have "printed" the world's first 3-D vascularized heart using a patient's own cells and biological materials. Until now, regenerative-medicine scientists have succeeded only in doing so with simple tissues without blood vessels. This discovery could be helpful in heart transplantation, currently the only treatment available to patients with end-stage heart failure.

PROVIDED

Q&A

ASSAF SHAPIRA
Professor at Tel Aviv University
Faculty of Life Sciences

How did you create the 3-D-printed heart?
In the basis of the concept that is described and demonstrated in our study, we take a fatty-tissue biopsy from a patient and separate it to its components: cells and extra-cellular matrix. While the extra-cellular matrix is processed into a gel, the cells are genetically engineered to become stem cells and are then differentiated into heart muscle cells and blood-vessel-forming cells. We then mix the cells with the gel to create "bio-inks" that are loaded into a 3-D printer. The printer, also loaded with CT or MRI scans from the patient, generates high-resolution constructs of hearts or heart patches that match the anatomical and biochemical features of the patient, thus reducing the chance of rejection or malfunctioning.

GETTY IMAGES

How could it be used?
The uniqueness of our development is the capability to engineer complex anatomical structures (like hearts and heart patches) with blood vessels at high resolution and from the patient's own materials and cells, using digital data from CT scans of patients to better mimic the patient's anatomical structures. Up to now, hearts were printed either without cells, without blood vessels, or from materials that were not originated from the patient. The fact that our printed heart is biochemically and anatomically "personalized" greatly diminishes the chance for rejection and other life-threatening complications.

Could it be a breakthrough in the field of organ transplantation? Could it soon be used for a real patient?
We are now investigating these aspects under controlled conditions in the lab. If we will get positive results, we will move on to transplantation experiments in animal models.

Interview by Daniel Casillas / Metro World News

"Polly Mope" hits the stage in Philly this week. GETTY IMAGES

How do you get through the night?

"Polly Mope" will be at the Kimmel Center's SEI Innovation Studio May 9-11.

MOLLY GIVEN
Molly.Given@metro.us

"Polly Mope" is more than just a clever spoonerism. This witty, realistic, educational and highly entertaining one-woman show showcases one of the loudest hidden struggles a human can go through: getting through the night. The show's leading lady, Molly Pope, is no stranger to the stage or to the stigma behind mental illness in our country. Pope is manic bipolar II, but instead of allowing her diagnosis to define her life, the actress decided to use it as a tool to both educate and entertain. Pope sat down with Metro to tell us more about her show, delve into why breaking down stigmas is paramount and explain why everyone sometimes has trouble making it through the night, diagnosis or not.

When did you first get the idea for the show?

The show itself, probably about 10 years ago. But growing up, my dad was a huge fan of spoonerisms — that's when you swap the first letter of a keyword phrase. So Molly Pope to "Polly Mope" has been something that's been rattling around in my life for quite some time. But probably about 10 years ago was when I had that realization that stuff I had been dealing with in terms of mental illness and emotional disorder and being a creative person started to materialize in, "Oh, you need to do something creative with this."

The show tackles the question, "How do you get through the night?" How are you going to be tackling that question in the show?

Well, it is the literal structure of the show. It starts with me getting home at the bottom of my stairwell and we leave it open-ended. Do we actually make it through the night? Does the show end before we make it through the night? But the setup is that every night is like an obstacle course that I have to run, from the time I get home until the dawn. So we're just going to see what happens on this particular night.

What do you hope audiences will take away from the show?

I struggled a long time with working on it because it felt very self-centered. [I thought] If this is just you wanting to vomit your feelings onstage in front of a paying audience, I can't really get behind that. But it became clear that since I am manic bipolar II, I am able to be somewhat articulate about it — and I'm also a performer. So I realized that it can be useful, me getting on a stage and saying, "Hey, I'm manic bipolar II and it doesn't make me incapable of living a full life." I actually can, but it is something that I have to pay attention to and take care of. So I think, for a lack of a more sophisticated way to put it, the show does on one level try really hard to fight the stigma, and I would hope that some people would have an experience or recognize it as something they go through. Or I hope that other people might say, "Oh, I have this relative who's manic bipolar II and I had no idea what that meant. There is a level of education, and then there's also just a level of entertainment, but my hope is that in addition to the specifics about mental illness I'm also trying to tap into the concept that getting through the night can be difficult for anyone for a million different reasons. A lot of people have things that are not a mental illness but are perhaps similar in the sense that they can't be just easily dealt with or put in a box and just put away. This is an ongoing thing.

With the stigma surrounding mental illness, was your diagnosis something that took you a while to talk about? Or were you always more open with it?

I think that I've always been more open with it. I don't know how responsible I was with it before the past couple of years. I think I was a bit of a loose cannon, but I've never been one to be very reticent. That's certainly affected a lot of personal relationships, and I've heard through word of mouth that it's affected professional relationships. People have sort of thought, oh, I don't know if I want to work with her because she's manic bipolar II. That's sort of judging it without giving it a chance to show you [that] yes, this is part of my life, but not all of my life and it doesn't dictate who I am.

For more information, showtimes and to buy tickets, visit kimmelcenter.org.

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This sky-high exhibit is *truly wild*

WildWorks opens today.

AVERSA PR/ PHILADELPHIA ZOO

The new WildWorks exhibit at the Philadelphia Zoo opens today.

MOLLY GIVEN
Molly.Given@metro.us

The Philadelphia Zoo is reaching for the sky with their new exhibit — literally. WildWorks is a 34-foot-tall aerial adventure that offers high-flying exhilarating activities and experiences that you will never forget. The official opening of this insane sky-high playground is today, May 7, at 10:30 a.m. WildWorks will be open to the public until Sunday, May 12.

WildWorks is perfect for the whole family. The unique structure offers a breathtaking and wildly fun experience to any lucky participant of any age. According to the official release, WildWorks takes a Zoo visit to new heights with activities that include crossing bridges, balancing on ropes, climbing through obstacles, and taking a quick zip right to the bottom, all while safely hitched to a climbing harness.

Guests will see the Philadelphia Zoo in a whole new light. This brand-new attraction is similar to the Zoo's beloved Zoo360 trail system (an innovative system of trails that encourages animals like big cats, gorillas, primates, red pandas and more to roam above guests). Now, after seeing the animals touch the sky high above the Zoo, Philadelphians can have the same exhilarating experience.

"Philadelphia Zoo is thrilled to offer an exciting and exhilarating new experience to our guests," said the Zoo's Chief Marketing Officer, Amy Shearer, in a release. "WildWorks takes the Zoo fun to new heights — 34 feet into the air, in fact! Come test your limits and experience our amazing aerial adventure. Plus, don't miss the stunning new views of our beloved city and the Zoo itself."

WildWorks is the perfect opportunity to build self-confidence and challenge yourself in a fun and creative way. Guests can move at their own pace and choose their own path; everyone's experience with WildWorks is different and unique. Plus, for kiddos there is also a WW little tyke's system which allows children under 48 inches to explore and mimic the system used by bigger kids and adults.

"This is such an exciting time for Philadelphia and the Zoo,"

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added Shearer. "WildWorks is one of four new exhibits and attractions we are proud to debut in less than eight weeks — including the Zoo Key, Creatures of Habitat and the Urban Green. There is literally something new around every corner of the Zoo this spring and summer. Come experience a new adventure with us!"

Prices for this exciting new exhibit vary. A ticket for WildWorks can range from $4 to $10. A general admission Zoo ticket does not include the new exhibit, but an unlimited attractions pass per day is offered at $18 to $20 per person and includes access to all of the attractions at the Zoo including the swan boats, the carousel and the PZ train.

WildWorks will be open from 10 a.m. to 4 p.m. until May 12 and is located at the Philadelphia Zoo (3400 W. Girard Ave.). For more information, visit philadelphiazoo.org.

metro.us/horoscopes

Aries Get out and explore new possibilities. If something appears to be confusing or inconsistent, walk away.

Taurus Protect your reputation, possessions and position. Make a positive change that will stabilize your life.

Gemini Share your thoughts and feelings with a special someone. Building a solid relationship requires honesty.

Cancer Compromise will get you where you want to go. What you have to offer and how you get what you want in return.

Leo Participate in events that offer help to people in need. Don't be a follower when you can be a leader.

Virgo Walk away from discord or anyone who is being difficult, indulgent or over-the-top. If you cannot make a difference, move on and try something.

Libra Pay attention to what's going on at home and anything regarding joint money matters.

Scorpio Take a break and make personal changes that will leave you feeling good. A different approach to your lifestyle.

Sagittarius Partnerships will be highlighted. Consider what you have to offer and what you will get in return.

Capricorn Make a clean break from anything or anyone who isn't heading in the same direction as you. Surrounding yourself with supportive individuals.

Aquarius Observe, but don't follow. If someone pressures you to do something that isn't right for you.

Pisces Don't get angry when you can get moving. Channel your energy into something that moves you. Helping others will raise your profile and lead to unexpected rewards.

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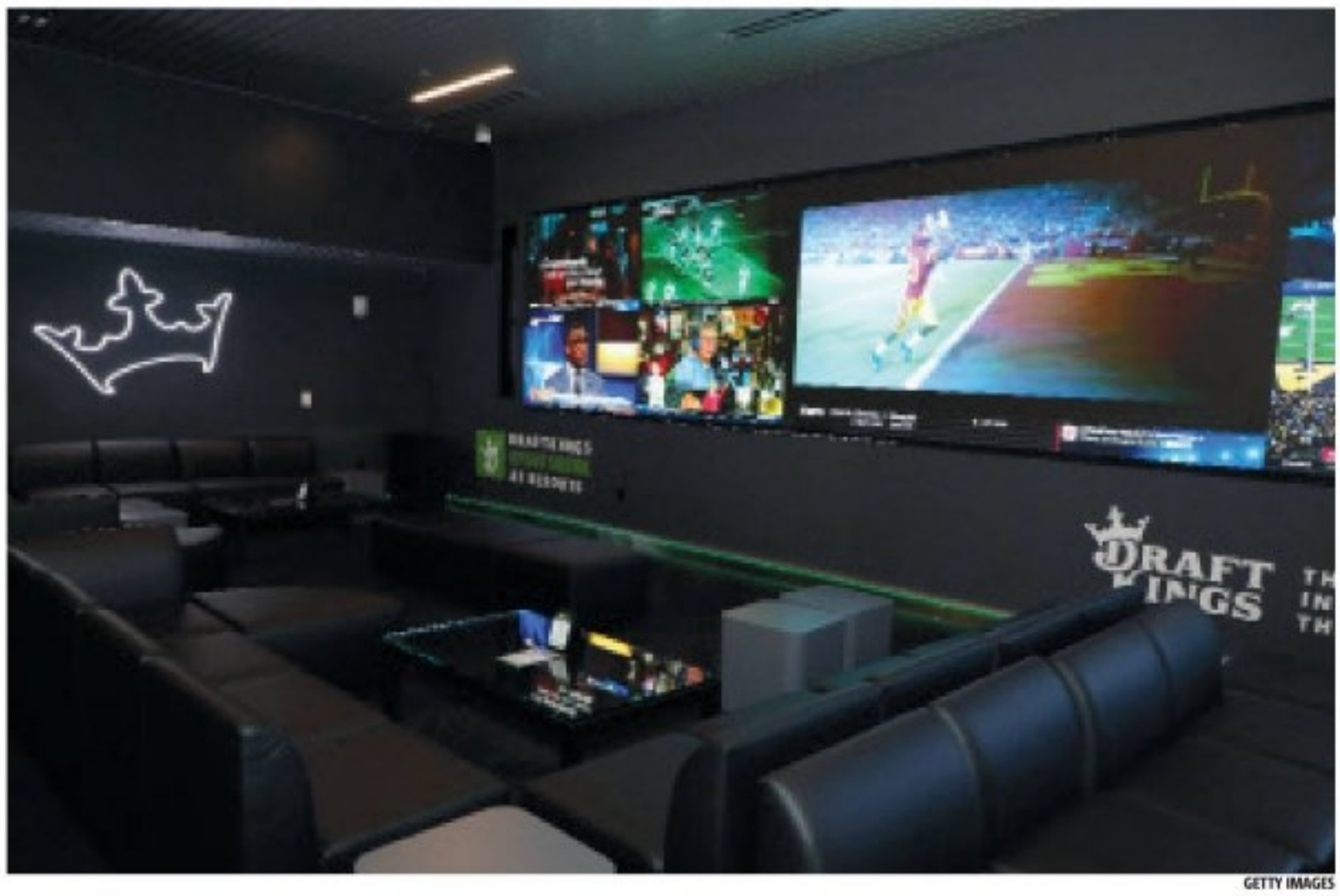
Catching up with DraftKings' Jamie Shea

A Q&A with the head of sportsbook digital at DraftKings.

MATT BURKE

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.



GETTY IMAGES

MetroBet recently caught up with DraftKings' head of sportsbook digital Jamie Shea and talked shop about all things sports betting. Here is our Q&A with Shea.

You can bet online at DraftKings Sportsbook right now through MetroBet and get a risk-free bet for up to $500: **tinyurl.com/y5j9x-mk6**.

Is there anything in the works in the state of Pennsylvania and how great would it be to be involved in that state?

We're watching the legislative process unfold in Pennsylvania and other states all the time. As a neighbor to New Jersey, it would be great to see Pennsylvania embrace the mobile aspect of legalizing sports gambling and welcome companies that want to decrease the amount of illegal gambling. The more fun and widely available our products are along with other legal operators, the less customers will opt for illegal services.

DraftKings has been very innovative with its approach to the sports betting industry. Any new innovations coming up?

We're really focused on bringing the best service to our customers and in order to do that we're hiring some of the smartest and well-versed employees in technology across our multiple offices including our brand-new headquarters in Boston and our other locations in California, Florida, Nevada, New Jersey and New York. During March Madness, we were able to surprise and delight our players by rewarding engagement through betting refunds. With a 90 percent retention rate, we've kept both the casual and dedicated sports bettor entertained and interested on our platform.

How happy are you with your retail sportsbook location in Atlantic City? Do you envision opening other physical sportsbooks across the country in addition to online betting?

Since officially opening DraftKings Sportsbook at Resorts Casino and Hotel, we've welcomed all types of bettors to enjoy some of the best sports events of the past six months. We've created a bond with the Atlantic City community, and in doing so have established a presence on the biggest betting scene outside of Las Vegas in the United States. Recently, we expanded our mobile sports betting option with Caesars Entertainment. As legislative and regulatory approvals proceed in other states, we'll look to expand there as well.

TWEET OF THE DAY

Donald J.
@realDonaldTrump

The Kentucky Derby decision was not a good one. It was a rough & tumble race on a wet and sloppy track, actually, a beautiful thing to watch. Only in these days of political correctness could such an overturn occur. The best horse did NOT win the Kentucky Derby - not even close!

Best Bets

NBA Playoffs Tuesday

76ers at Raptors
Moneyline: Sixers +210, Raptors -250
Betting Total: 211.5 points

Kawhi Leonard had another monstrous performance in Game 4 (39 points, 14 rebounds) as the Raptors evened their semifinal series with the Sixers at two games apiece.

Joel Embiid's bout with gastroenteritis is clearly taking a toll on him, as he mustered just 11 points in Game 4. He only took seven shots.

The Raptors' big men, Marc Gasol (16 points, five rebounds) and Serge Ibaka (12 points, nine rebounds) took advantage of the ailing Embiid, outscoring the Sixers, 38-34, in the paint. Per ESPN, Philadelphia's 17-for-37 (46 percent) performance in the paint in Game 4 was its worst showing this postseason and fifth-worst all year.

Even if Embiid can get himself right for Game 5, the Sixers' failure to limit Leonard is a grave concern. He became just the fifth player in league history to record at least 150 points, 30 rebounds and 15 assists through the first four games of a playoff series, per sbnation.com. Leonard's ruthless efficiency (58 percent from the floor, 47 percent from beyond the arc) makes the feat even more impressive. If Philly can't contain him in Toronto, the Raptors should reward their backers in Game 5.

The play: Raptors -5.5

ROBERT CRISCOLA

Trail Blazers at Nuggets (-4.5)
Moneyline: Trail Blazers +165, Nuggets -190
Betting Total: 213.5 points

Jamal Murray didn't just drop 34 points for the Nuggets; he also limited his opposite number, Blazers star point guard Damian Lillard, to 9-of-22 shooting from the field and 2-of-7 from 3-point range. Lillard's efforts in this series have been frustrated since he tallied 39 points in Game 1, so Denver has solved the problem he presents fairly well. They've also out-rebounded the Trail Blazers by an average of 18 per game. The Nuggets are the better bet in Game 5.

The play: Nuggets -4

VSiN DAILY LINE

NBA

PHILADELPHIA 76ERS VS. TORONTO RAPTORS -5.5

PORTLAND TRAIL BLAZERS VS. DENVER NUGGETS -4

MLB

PHILADELPHIA PHILLIES -136 VS. ST. LOUIS CARDINALS +126

SEATTLE MARINERS +158 VS. NEW YORK YANKEES -168

NEW YORK METS -130 VS. SAN DIEGO PADRES +120

NHL

DALLAS STARS 5 O/U VS. ST. LOUIS BLUES -145

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REPLAY RUINS ANOTHER SPORT AT KENTUCKY DERBY

THE SPORTS PROFESSOR

GLEN MACNOW
@RealGlenMacnow

Instant replay marred the results of the 2019 Kentucky Derby. GETTY IMAGES

The fastest two minutes in sports devolved into a half-hour of tedium and confusion Saturday. The Kentucky Derby ended in embarrassment, with genteel horse-racing fans angrily chanting "bull—" on national television as a back-up winner was crowned.

And another sport was infected by the curse that is instant replay.

In case you weren't among the 20 million TV viewers, here's what happened: Maximum Security, the fastest horse in the field, went wire-to-wire and won by one-and-a-half lengths. He was draped with the garland of roses. His joyous jockey and owner were interviewed.

NBC was about to wrap and move to hockey when word came that two also-rans (one of whom finished 16th) claimed Maximum Security interfered with their paths. Racing has a system for such complaints, but it is rarely employed — and had never affected the results in 145 years of the Derby. On this rainy Saturday, it did. For more than 20 minutes, race stewards scrutinized every molecule of film, from every angle. They eventually concluded that, yes, Maximum Security had made contact and cut off the paths of others. And so the horse that led the entire way was stripped of his title. It was given to Country House, a 65-1 underdog who hadn't even been affected by the bumping.

This is the curse of instant replay: It parses minutiae, frame-by-frame, to tell you that your eyes didn't see what you just saw. It takes sports into a dark room and emerges insisting that the also-ran must be the winner.

It's everywhere now. You can't watch any sport without the drama being stripped by an announcement that the previous play is being reviewed in some off-site studio. Spontaneity is gone. You can't cheer a highlight until the coaches' challenge is heard or the events affirmed by super-slow motion.

The argument for all this, of course, is the need to get it correct. On its face, that has merit. The problem is that instant replay still often gets it wrong. We've all seen refs make the right call on the field, then study the film, then botch things up with a foolish reversal.

Before replay, no one in football wondered what a catch was. We just knew. Now we analyze every replay like it's the Zapruder film, just to see if the ball's nose may have touched one blade of grass.

I'm no horse-racing maven, so I can't speak to the alleged foul during that Derby downpour. What I witnessed was 19 tightly-packed half-ton animals stampeding through peanut butter. It seemed miraculous that they didn't all crash into each other.

But my friend Dick Jerardi is among the country's foremost racing authorities. On my radio show Sunday, Dick argued that if it took the stewards 20 minutes to rule, well, they mustn't have been certain they saw much of a foul. And that being the case, it was inane to disqualify the obvious top horse.

Look, I know the genie is out of this bottle. Replay isn't going away. And often, I'll concede, it rights egregious wrongs.

But it has become the joyless despot governing sports. Can we scale it back a little? Can we live without the frame-by-frame replays studying whether a base stealer's finger left the bag for 1/24th of a second? Can we leave it for the big moments?

In the end, replay rarely settles the arguments. All it does is start new ones. And it takes forever to do so.

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Unsure Embiid adding to Sixers' problems

The Philadelphia 76ers are facing quite a conundrum when it comes to Joel Embiid.

There is little doubt that this is a better team when he is healthy and on the floor.

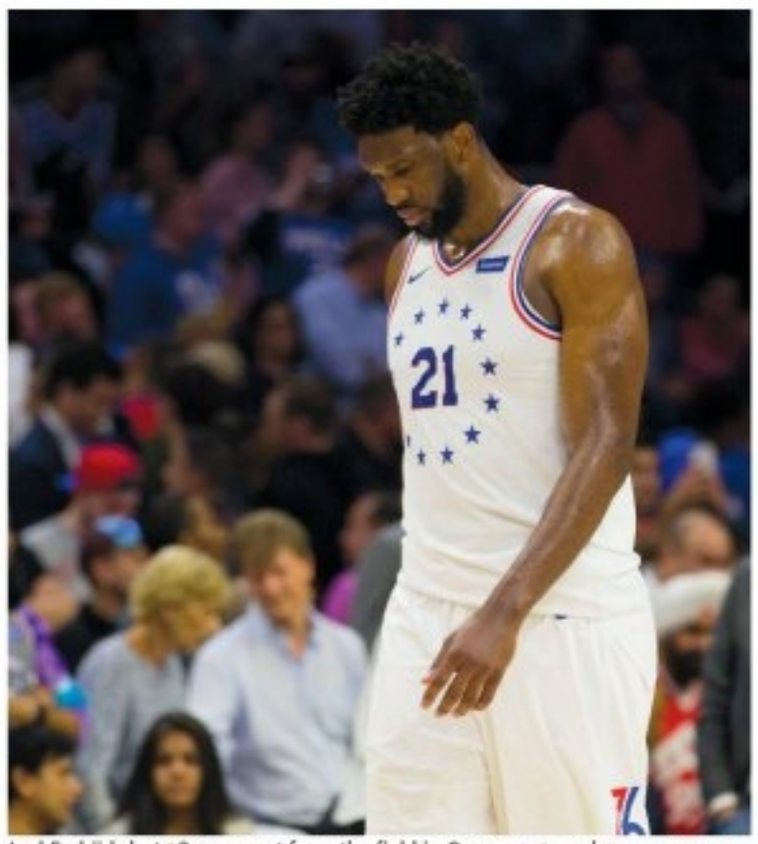
The 7-foot center, at just 25 years old, has shown flashes of becoming one of the very best players in the NBA after averaging 27.5 points and 13.6 rebounds per game this season.

If not for him, the 76ers likely would not be where they currently are: The No. 3 seed in the Eastern Conference currently taking on the Toronto Raptors in the second round of the playoffs.

But Embiid has had a difficult postseason in terms of staying healthy.

His left knee tendinitis continues to act up and he came down with an illness before Game 4 on Sunday afternoon.

Head coach Brett Brown decided to play him and it didn't go well: Embiid put up just 11 points on 2-of-7 shooting, including a missed layup and three free throws down the stretch in a 101-96 loss.



Joel Embiid shot 28.1 percent from the field in Games 1, 2, and 4. GETTY IMAGES

Take out his dominant Game 3 performance when everything was feeling right, and Embiid is shooting just 28.1 percent from the field in the three other games this series against the Raptors.

His defense hasn't been much better. He's done little to help stop Kawhi Leonard, who continues to rip the Sixers apart. In Game 4, Leonard shot 5-of-5 from the field when Embiid was the nearest defender on his way to a 39-point effort.

Leonard is averaging 38 points per game this series while shooting at a 61 percent clip from the field.

With the series shifting back to Toronto for Game 5 tonight (8 p.m. ET, TNT), head coach Brett Brown could have an option tabled of sitting Embiid if he isn't feeling right.

While his unavailability would be difficult for the Sixers to get past, it would allow Brown to properly formulate a game plan for the rest of his squad. That way the likes of Ben Simmons, Jimmy Butler, JJ Redick and Tobias Harris understand they have to take the series over rather than rely on Embiid.

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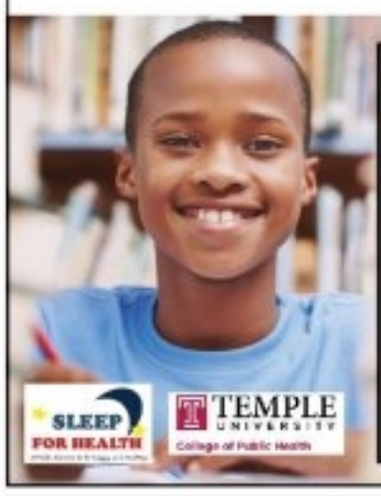

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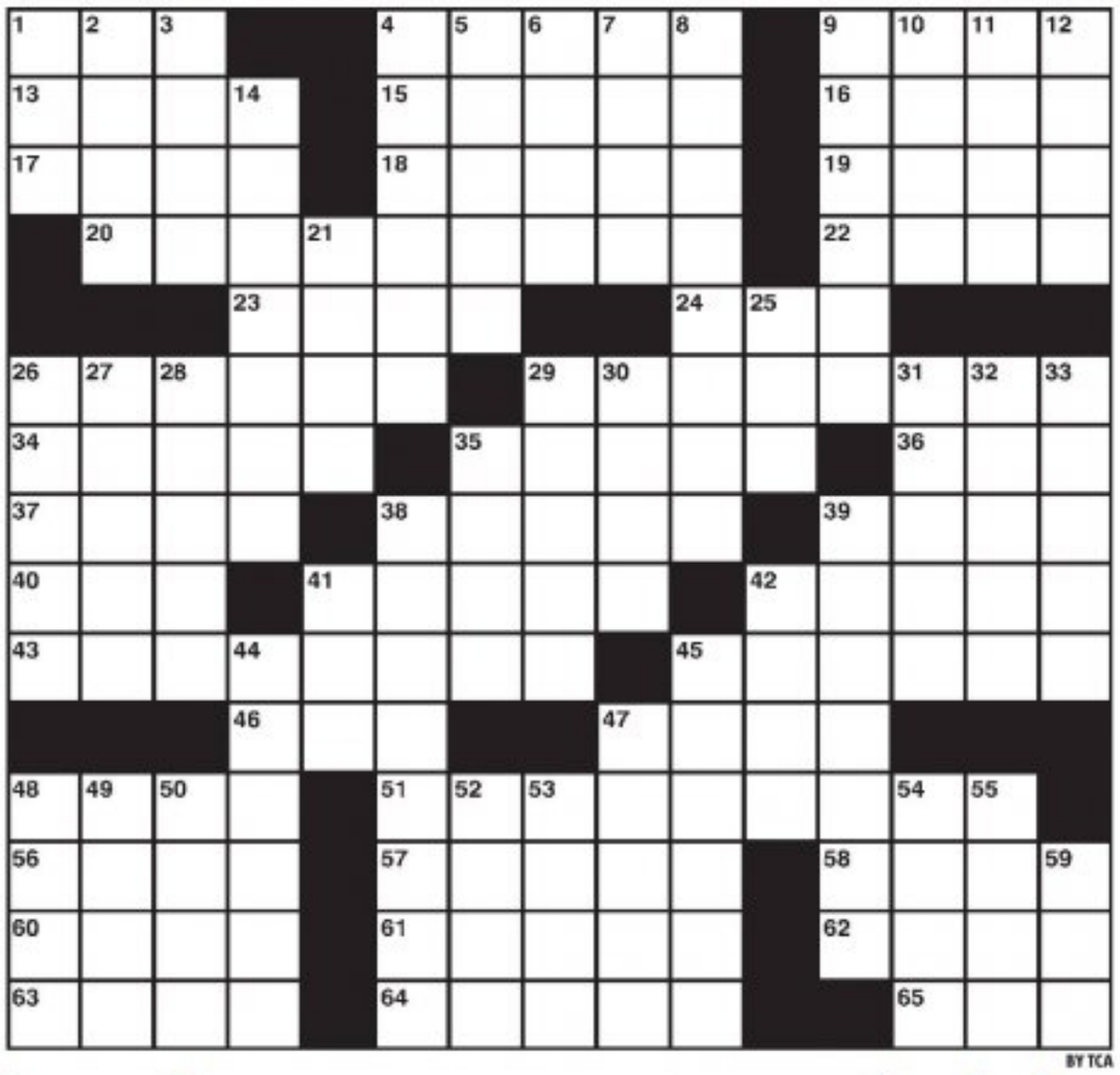

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ACROSS

1 Helper for Santa
4 Despise
9 Shady deal
13 Tolerate
15 Group of cattle
16 Bustle
17 Cake recipe verb
18 Word in many bowling alley names
19 Wander
20 Derelict in duty
22 Large trees
23 Steals from
24 Scale divisions: abbr.
26 Valuables
29 Agreeable
34 BBQ rods
35 Donald Duck's love
36 __ double take; look twice
37 On one's __; alert
38 Locations
39 Money owed
40 Caress
41 Conjecture
42 Colorful fall tree
43 Endless time
45 Trade goods or services
46 Shack
47 Bride's accessory
48 Stratagem
51 Going up
56 Insinuation
57 Facial hair
58 Just around the corner
60 Linear measure
61 At __; free to roam
62 "__ grip!"; cry to the hysterical
63 Appear
64 Firstborn of two
65 Lion's lair

DOWN

1 Recede
2 Slender; thin
3 Phony
4 Speaks off the cuff
5 Boasts
6 Sharpen
7 Kitchen appliance
8 Fidgety
9 Emphasize
10 Weather forecast
11 Cain & Abel's dad
12 May honorees
14 Wishes one hadn't done
21 Oodles
25 Baseball's Tampa __ Rays
26 TV's "__ World Turns"
27 Part of a pitcher
28 Military attack
29 Singer Cline
30 Fails to be truthful
31 Skillful
32 Aristocratic
33 Spud
35 Try to lose
38 Appropriate
39 Sweetheart
41 Wildebeest
42 Housekeeper
44 Musical beat
45 Drinking spree
47 Brink; threshold
48 Greek letters
49 Out of __; misbehaving
50 __ more; again
52 Official stamp
53 King or queen
54 Have to have
55 Plane boarder's waiting place
59 __ out on; deserted

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